

In advance skill some other factors are also very important like technique, ability, style, tactics and tactical preparation, and different phase of skill acquisition.

1. Technique: it is the basic movements of any sports or events. It is the way of doing a particular skill scientifically. It can be defined as the single motor procedure for taking and tackling a motion or motor task. We combine several techniques into a pattern of movement. Example in triple jump running and then hop step and jump phase.

2. Ability: It is the make up of any athlete they inherit from their parents. Abilities underpin and contribute to skills. Abilities can be essentially perceptual, essentially motor or a combination of both.

3. Style: It is the individual's expression of technique in motor action. Athlete due to specific psychic, physical and biological capacities realize the technique in a unique personal way.

3. Tactics and tactical preparation: "tactics can be define it a plan or strategy through which one can be prepare him or her or their team for the competition and for better performance," Tactics further analyze and shows possible solution of individual competition situations. There are various type of tactical conceptions like individual tactics, team tactics, offensive or attacking tactics, defensive tactics, high performance tactics. There is various method of tactical preparation. Presentation method (demonstration and explanation method), cooperative method, Task method observation task, movement task, performance task, practice task, assessment task).